

Rashmi E

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(Certified Music therapist from **NADA centre** and **MS in psychotherapy and counselling**)

Trained classical vocalist under late **Ms Janaki**, light music under famous music composer Upasana Mohan, playback singing under music director composer and writer Nadabrahma Hamsalekha and folk music under Savithakka director of Savithakkana Halli band.

Was working for a software firm and music has always been a part of life. Compassion, love, empathy towards differently abled and people in need made me take this up as full time profession quitting my job forever. Have been working as Music therapist and music teacher at this esteemed organisation Meera Centre for Music therapy education and research from past 11yrs under the able guidance and support of Dr Meenakshi Ravi. Thesis submitted on “**The impact of Music therapy on Geriatric care and old age**” and also have given talk about the same in a conference organised by NADA centre. Have also given talks on topics 'The qualities of Music Therapist', 'Professional and personal experiences as Music therapist and how, choosing this as career helps in personality development of an individual' 'Various developmental disorders, symptoms, manifestations and how we are helping them at our centre' and also '**Impact of music therapy individual session vs group session**'.

Also have worked as music therapist for pregnant women and other ailments such as cancer, tumour and post operative cases.